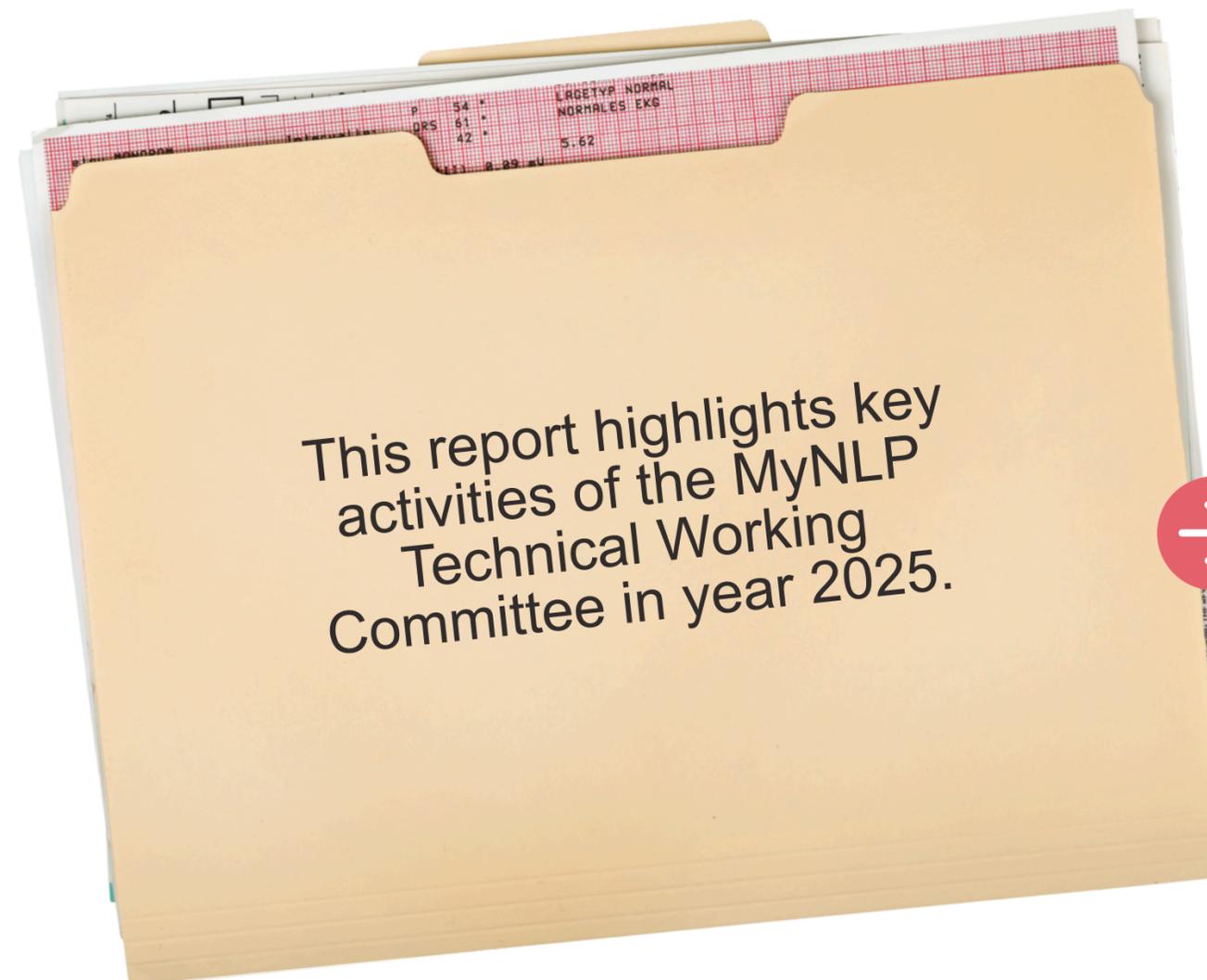




# Malaysia Nutrition Programme (MyNLP) 2025 Activity Report

*by MyNLP Technical Working Committee*



# MyNLP Technical Working Committee

## Chair



Assoc Prof Dr Wong Jyh Eiin

## Committee Members



Prof Dr Mahenderan Appukutty



Assoc Prof Dr Chin Yit Siew



Ms Lim Siew Ling

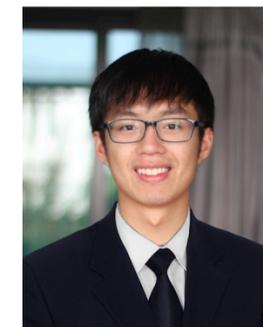


Mr Ng Chee Kai



Dr Mohd Shah Kamarudin

## Volunteers



Mr Ang Zheng Feng



Ms Chong Kar Mun

# Key Activities in Year 2025

## Nutrition Career Journey 2025

**Webinar on Nutrition Career Journey 2025**  
Gain insights into leadership roles, challenges and opportunities of nutritionists in different settings.

**Mr. Thirukkanesh Sanvashivam**  
Nutritionist (JKN Pulau Pinang)

**Dr. Teoh Ai Ni**  
Policy Researcher (Khazanah Research Institute)

**Ms. Fatin Umairah bt. Mohd Keri**  
Nutrition Content Creator (FK Consultancy)

Date: 25 April 2025  
Time: 3:15pm - 5:00pm  
Platform: Zoom meeting

Register now!  
<https://bit.ly/NCJ2025>

Free webinar exclusively for nutrition undergraduate and postgraduate students!

For more information: [www.nutriweb.org.my](http://www.nutriweb.org.my) | [mynlp@nutriweb.org.my](mailto:mynlp@nutriweb.org.my)

A webinar providing insights into leadership roles, challenges, and opportunities for nutrition students and fresh graduates.

## “Online Forum: Nutritionists Everywhere: Empowering a Healthier Nation”

**“Nutritionists Everywhere: Empowering a Healthier Nation”**  
An online forum in conjunction with the Malaysia Nutritionists' Day 2025

4th September 2025 (3.00pm - 4.00pm) Zoom

**Moderator**  
Dr. Tan Sue Yee  
Registered Nutritionist  
Nutrition Society of Malaysia

The 11 panelists from different sectors

Gain insights into the career of a registered nutritionist, understanding opportunities, challenges, and the societal impact of the profession

Stand a chance to win a mystery gift\* by joining the **FREE webinar!**  
\*Terms and conditions apply.

**REGISTER NOW**  
<https://bit.ly/forum0409>

For more information: [www.nutriweb.org.my](http://www.nutriweb.org.my) | [mynlp@nutriweb.org.my](mailto:mynlp@nutriweb.org.my)

A curated digital forum convening 11 nutritionists from across diverse sectors, held in conjunction with Malaysia Nutritionists' Day 2025.

# Nutrition Career Journey 2025

## Programme details

Date & Time: 25th April 2025, 3.15pm – 5pm

Platform: Zoom Meeting

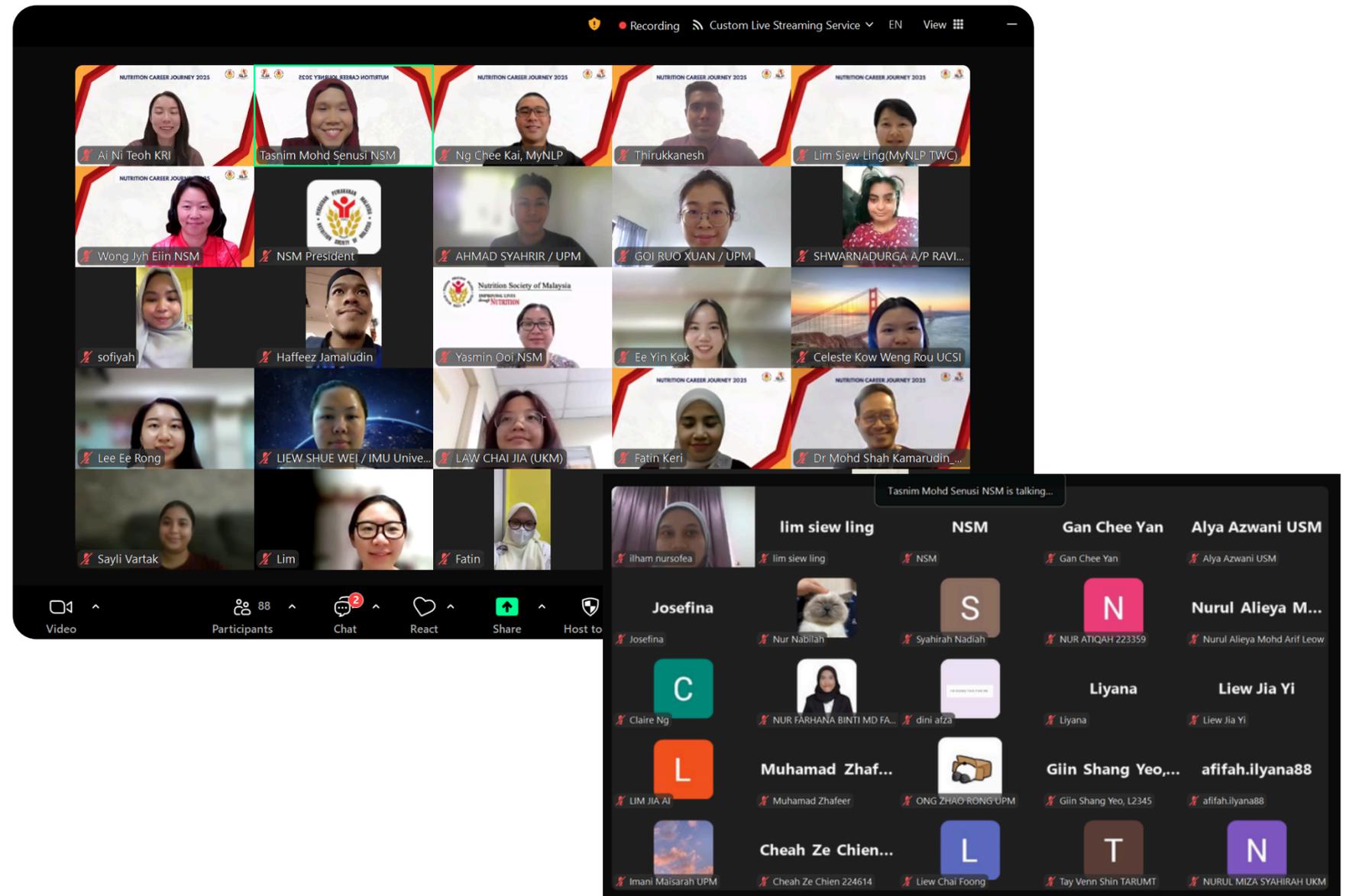
Emcee: Ms Tasnim binti Mohd Senusi (NSM intern)

## Event Objective

To provide insights into leadership roles, challenges, and career opportunities for nutritionists in different work settings.

## Target Audience

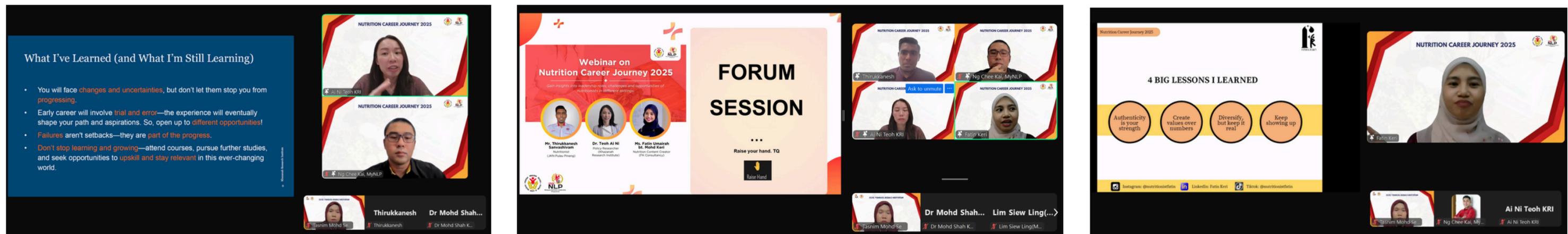
Fresh nutrition graduates and final year undergraduate & postgraduate students.



# Nutrition Career Journey 2025

## Highlights

≈ 90 participants attended the webinar.



## Key Takeaways

The modern nutrition career is defined by strategic diversification, where professional success across policy, public health, and digital media hinges on the ability to effectively translate complex scientific evidence into impactful, audience-specific communication.

# Online Forum: “Nutritionists Everywhere: Empowering a Healthier Nation”

## Programme details

Date : 4<sup>th</sup> September 2025

Platform : Zoom & Youtube Live

## Programme description

The online forum served as a comprehensive platform to showcase the diverse career paths and societal contributions of registered nutritionists. Moderated by Dr. Tan Sue Yee and featuring eleven industry experts, the event aimed to inspire university students by providing realistic career guidance while simultaneously educating the general public on the profession's vital role in national health. By highlighting expertise across sectors like public policy and food innovation, the forum successfully promoted the visibility and necessity of nutritionists in building a healthier Malaysia.



# Online Forum: “Nutritionists Everywhere: Empowering a Healthier Nation”



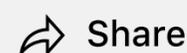
## Highlights

**100**  
participants  
attended on  
Zoom Platform

**1,117**  
views on  
Youtube (as of  
15<sup>th</sup> Oct. 2025)

## Key Takeaways

- Expanded roles & career pathways: Improved understanding of nutritionists’ diverse roles across multiple sectors in Malaysia.
- Professional collaboration: Strengthened awareness of the need for collective action to combat nutrition and health misinformation.
- Evidence-based practice: Reinforced the importance of continuous professional development and dissemination of scientific nutrition information.



Click [here](#) for the recording